

Reduces stickiness of blood — helps prevent blood clots

Rhynchophylline, an alkaloid in Cat's Claw, has been shown to inhibit platelet aggregation and thrombosis. It may also prevent blood clots in blood vessels and relax the blood vessels and relax the blood vessels of endothelial cells, dilate peripheral blood vessels, lower the heart rate and lower blood cholesterol.

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Title: Inhibitory effect of rhynchophylline on platelet aggregation and thrombosis.

The Atkins Clinic, New York City, founded by the late Dr. Atkins M.D., confirmed in their own patients the effectiveness of a 1:1 alcohol-water extract of Uncaria tomentosa (manufactured by Whole World Botanicals) in reducing the C-reactive protein level of their coronary patients practically to zero. (personal communication by Dr. Karen Paris to Viana Muller)